



THE BRITISH WHEEL OF
YOGA

How to Gain CPD Points

1. **IST Events (7.5 points)**
2. **Distance Learning IST (7.5 points)**
3. **BWY Modules (1 point per hour)**
4. **Directed Private Study** (Minimum of 7.5 hours Home Study = maximum of 5 CPD points in any one year)
5. **Other Yoga Events or Relevant Training Events**
(NB/ Seminars or workshops similar to class practice do not count
These Events should DEVELOP AND/OR IMPROVE your TEACHING)
and can count as 1 point per hour. The Attendee needs to decide how many points an event can accrue; it is NOT up to the Organiser. It is advisable to have confirmation of attendance from the organiser.
6. **Observation of Teaching & Learning**
If a BWY Teacher is **employed** by an organisation that has an OTL system, this will accrue 5 CPD points in one year. All paperwork needs to be retained as proof.
7. **Professional Development**
See list below: can accrue 5 CPD points in one year, towards your 15.
8. **BWY A & P Online Course**
Completion of this Course: 15 CPD points

Attendance at Events

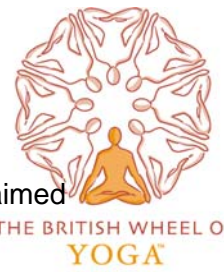
Event attendance is necessary to maintain good communication skills, which are required for interaction between teacher and student. It is expected that CPD points should not be continually and solely accrued without attending events for more than three years, but there will be consideration of overseas teachers.

Different Levels of CPD

If you teach, assess or verify at a higher level, e.g. Module Tutor, Foundation Course Tutor, Verifier/IQA, you are expected to accrue an extra 5 CPD points for each role (5 more points over and above the basic 15). If you are active in all these areas, then extra study needs to be shown for each area.

DCT CPD

DCTs need to accrue an extra 10 points totalling 25 CPD points. If you attend DCT Weekend this can be recorded as 15 CPD points. If you unable to attend DCT weekend they need to contact the Administrator to the BWYT at Central Office with reasons and state what actions are being taken for them to be updated on DCT matters.



Professional Development

There are various ways to accrue Higher Level CPD. One point per hour can be claimed from any of the activities below.

- **Professional Discussion**
Discussion between two or more teachers, concerning issues which then impact on their teaching
- **Peer Coaching**
Coaching colleagues in aspects of your own vocation, or shadowing colleagues preparatory to changing roles
- **Further Subject Qualifications**
Attending other/non-BWY courses to add to your subject qualifications
- **Further Teaching**
Attending other professional courses to gain teaching qualifications
- **Supporting / Mentoring**
Supporting / Mentoring new colleagues or diploma students
- **Peer Visits**
Conducting professional review or assessment observations
- **Team Teaching**
Presenting a workshop or lecture to colleagues on a professional subject (e.g. DCTs teaching at DCT weekend or Training Week)
- **Curriculum Design Development and Validation**
The work of the Course Development Team
- **Designing Feedback Mechanisms**
DCTs developing new BWY modules/courses and learning strategies for learners and peers
- **Chairing Team**
BWYT Chair and others who chair relevant meetings
- **Meetings**
Development Team, BWYQ Working Party, Pilot Course Tutors and Verifiers/IQAs, etc.
- **Private Study**
Reading and reviewing books or journals

Evidence is required as proof, which could be a statement from the individual(s) concerned, which is dated and signed.